Monday

12:30 - 13:45 – 'Beacon House Lunchtime', 90 - 91 East Hill, Colchester, CO1

13:00 - 14:15 – 'We are not a glum lot', Methodist Church Hall Strathmore Avenue, Park Town, Luton, LU1 3NY

19:30 - 20:30 - Quakers, Crawley Green Road, Luton, LU2 0QX

19:00 - 20:00 – Share Meeting, Full gospel church, 60 high street south, Rushden, Northamptonshire, NN10 OQX

19:00 - 20:00 – Hyndman Centre , Hospital Road, Bury St Edmunds, Suffolk, IP33 3JT

19:00 - 20:00 – Stairway Project, 68 Humberstone Gate, Leicester, LE1 3PL

19:00 - 20:30 – A Light in the Dark, Hampson Park Community, Hampson Park, Web Rise, Stevenage, SG1 5QU Meeting Notes: Open, Wheel Chair Access, Parking, Bus close by

20:00 – 21:15 "Hope in Hoddesdon", St. Pauls Church, Hoddesdon EN11 8TR

20:00 – 21.30 – Holy Rood Catholic Church Hall, Market Street (Entrance on Percy Road), Watford, WD18 0PJ

20:00-21:30 'The Truth, The Light, The Way', Hatfield Hyde Cricket Club King George V Playing Fields, Beehive Lane, Welwyn Garden City, AL7 4BP

Tuesday

11:00 - 12:00 – Women's Meeting, Grace Community Church, 62 Hydean Way, Stevenage, Hertfordshire, SG2 9XL

19:00 - 20:15 — 'Big Book Reading', St. Marys Church, 82 West Street, Dunstable, LU6 1NY

Meeting Notes: Share Meeting on last Tuesday of each month

19:30 - 20:30 – Friends Meeting House (Quakers), 28 Crawley Green Road, Luton, LU2 0QX

19:30 - 20:30 – Happy Joyous & Free, Salvation Army, William Booth Centre, Shadwell Street, Birmingham, B4 6HA

Meeting notes: O, WC Access, On-street parking, 5 min walk from Snow Hill Station, 15 min walk from New Street station, Any bus to City centre

19:30 - 21:00 - 'There Is a Solution' Big Book Study, The Mixing bowl, MIND, 49-51 Russel Street, Kettering, NN16 0EN

19:30 - 20:30 - BAC-IN, 202 Mansfield Road, Nottingham, NG1 3HX

20:00 - 21:00 - 'Big Book Study and Share Meeting' The Salvation Army, Harnall Lane West, Coventry, CV1 1EZ

20:00 - 21:30 – 'Archway To Freedom' - Step & Discussion meeting, The Fellowship Room, Hertford Methodist Church, Ware Road, Hertford, SG13 7D7

20:00 - 21:30 – 'Sunlight of the Spirit', Dagnell Street Baptist Church, St Albans, AL3 5EH

Wednesday

12:30 - 13:30 – Methodist Church Hall, Strathmore Avenue, Park Town, Luton, LU1 3NY

14:00 - 15:30 – Discussion Meeting, CRI, Old TA Building, Elizabeth Street, Corby, Northamptonshire, NN17 1PN

19:30 - 20:30 - 'Hope Faith & Courage', Springfield House, High Street, Stevenage, SG1 3EJ

19:30 - 21:00 - 'We Can Recover', Open Road 5 A Queen Street, Colchester, CO1 2PG

19:30 - 20:30 – Hertford Newcomers, Spectrum CRI, Yeomans Court, Ware Road, Hertfordshire, SG13 7HJ

20:00 - 21:30 — 'Experience, Strength and Hope Meeting', CRI- Hertfordshire Drug and Alcohol Recovery Service, 18 Station Road, Watford, Herts, WD17 1JU

19:30 – 21:00 – 'Hope Faith & Courage', Our Lady's Catholic Church Hall, 77 Occupation Road, Corby NN17 1EE

Guest speaker first Wednesday every month.

Wheelchair accessible

19:00 - 20:30 – Big Book Meeting, St Andrews Church, Roman Road, Lowestoft, Suffolk, NR32 2DG

20:00 – 21:00 - Hobs Moat United Reformed Church 37 Faulkner Road, Solihull, B928SD

Thursday

13:00 – 14:00 "Bridge to Normal Living", Spectrum Building, Hughill House, Swanfield Road, Waltham Cross, EN8 7JR

18:30 - 20:00 - Addaction, 71 High Street, Grantham, NG31 6NR

19:00 - 20:00 – Spectrum, Wolsey Road, Hemel Hempstead, HP2 4TU (Open Meeting)

19:00 - 20:30 – The Recovery Hub, 175 Felixstowe Road, Ipswich, Suffolk, IP3 8EB

C, WC - Limited Parking Nearest train station: Derby Road, Ipswich (Ipswich/Felixstowe line) Number 4 bus - Bixley Rd stops - Dominos pizza on Felixstowe Rd.

19:00 - 20:00 – Stairway Project, 68 Humberstone Gate, Leicester, LE1 3PL

19:15 - 20:30 – 'The Lost & Found Group of Cocaine Anonymous'
The Vestry on Christchurch Street (off Maids Causeway)
Cambridge, CB1 1HT

19:30 - 21:30 - 'Recover from Addiction' Hillfields Evangelical Baptist Church, Waterloo Street, Coventry, CV1 5JS

19:30 - 21:00 - Derby Big Book, Newlife Church, Holmes Street Entrance (just off Normanton Road), Derby, DE23 6UU

18:30 - 19:45 – "Blazing the Trail to Recovery Primary Purpose Group"

Quakers Friends Meeting House, 5 Lansdowne Road, Bedford,

MK40 2BY

19:30 - 20:30 – Recovery Rocks, Trinity Centre, Fisher Mead Milton Keynes, MK6 2LA

19:30 - 20:30 - A Quiet Peace' - Topics and Shares, The Chapel, St. Columbus Church, (opposite John Lewis), Downing Street, Cambridge, CB2 3HD

19:30 – 20:30 "Newcomers 12 Step Experiences", Westmill Community Centre, Bingham Road, Hitchin, SG5 2TG

19:30 - 21:00 - 'Living in the Solution', St. Johns Church, Mill Street, Derby, DE1 3HZ

19:30 - 21:00 - BB Study (Share on last Thurs of each month) Experience, Strength & Hope Discussion Meeting - Mind Building, Anchor House, 6-7 Regent Square, Sheep Street, Northampton, NN1 2NO

20:00 - 21:15 – 'A Quiet Peace Share & Meditation Meeting', Baptist Church, Drayton Road (off Furzehill Road), Borehamwood, WD6 2DF

20:00 - 21:30 – 'Out from Under', Hertford Methodist Church, Ware Road, Hertford, SG13 7DZ

20:00 - 21:30 – CRI Building, St. Martins House, 14 The Common, Hatfield, AL10 0U

20:00 - 21.30 - 'There Is A Solution', Oasis House, George Street, High Wycombe, Bucks, HP11 2RZ

20:00 – 21:30 "Hope, Faith & Courage", The Technical Institute, Baldock Road, Buntingford, SG9 9AA

Friday

17:30-18:30 St Johns Church, Mansfield Road, Carrington Nottingham, NG5 2DP

18:30-19:30 "Christ Church", Junction of High Street and Trinity Lane, Waltham Cross, Hertfordshire, EN8 7ED

19:00 - 20:00 – St. Mathew's Church, Wenlock Street, Luton, LU2 0NQ

19:15 - 20:30 – Candle Light Meeting, St Stephens Church (Opposite King Harry pub), Watling Street, St Albans

 $\textbf{19:30 - 21:00} - \textbf{Stevenage CA}, \textbf{Hampson Park Community, Hampson Park}, \\ \textbf{Web Rise, Stevenage, SG1 5QU}$

Meeting Notes: Open, Wheel Chair Access, Parking, Bus close by

19:30 - 21:00 – Spirit Of Recovery, Topic Share Meeting, MIND Building, 14 Havelock Street, Wellingborough, NN8 4QA

20:00 - 21:30 – Chair Meeting, CRI Drug and Alcohol Recovery Services, 18 Station Road. Watford. WD17 1JU

Saturday

08:30-10:30 "Breakfast with the Boys"

The Fellowship Room, Hertford Methodist Church, Ware Road, Hertford. SG13 7DZ "Closed and Non-Restrictive"

11:00 - 12:30 – CRI Building, Armstrong House, Norton Road, Stevenage, SG1 2LX

12:00-13:30 "CA MEETING SATURDAY NOON"

Spectrum Building, Hughill House, Swanfield Road, Waltham Cross Hertfordshire, EN8 7JR

16:00 - 17:30 'Corby 12&12',

Our Ladies Catholic Church Hall, 77 Occupation Road, Corby, NN17 1EE

18:00 - 19:00 - Step 11 Prayer & Meditation Meeting, Full Gospel Church, 60 High Street, Rushden, Northamptonshire, NN10 OQX

19:00 - 20:30 – 'A New State of Consciousness', St Mathews Church, Wenlock Street, Luton, LU2 ONQ 19:30 - 21:00 - Springs Christian fellowship, New Road, Ware, SG12 7BW (entrance next to 31 new Road)

20:00 - 21:30 – 'We Can Recover Clacton', Open Road, 132 Wellesley Road, Clacton on Sea, CO15 3QD

Sunday

11:30-13:00 "Meditation Meeting", Graham House, Yeomans Court, Ware Road, Hertford, SG13 7HJ

12:45-14:00 London Road South, Baptist Church, Kirkley Park Road, Lowestoft, Suffolk, NR33 OLQ

17:00 - 18:00 - St. Patrick RC, Wolverhampton, 299 Wolverhampton Road, New Cross, WV10 0QQ

17:00-18:00 "Newcomers", Christ Church, Junction of High Street & Trinity Lane, Opposite Theobalds Grove Train Station, Waltham Cross EN8 7ED

18:00 - 19:30 – HFC + Main Share meeting, The Yard Project, (Off Norwich Road), Lowestoft, Suffolk, NR32 2DG

18:00 - 19:30 – 'Sunday Hatfield CA Meeting', CRI Building, St. Martins House, **14** The Common, Hatfield, AL10 OUR

19:00 - 20:30 – 'Hope, Faith & Courage' Big Book Study, St Andrews Church, Roman Road, Lowestoft, NR32 2DDG

19:00 - 20:30 – 'Hope, Faith & Courage', Recovery Topic Sharing Meeting, Mind Building, Anchor House, 6-7 Regent Square, Sheep Street, Northampton, NN1 2NQ

19:00 - 20:15 – Friends Meeting House (Quakers), 28 Crawley Green Road, Luton, LU2 0QX

From outside the UK +44 800 612 0225

Website: www.centralukca.co.uk

Online Meetings: www.ca-online.org

WTF updates: central.uk.area.wtf@gmail.com

COCAINE ANONYMOUS Central UK Area

MEETINGS LIST



January 2018

COCAINE ANONYMOUS UK

Helpline: 0300 111 2285 (mobile friendly)

0800 612 0225 (free from UK landlines)